



Applies to: Faculty, staff, graduate associates, student employees, students, volunteers, vendors, and visitors

POLICY

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The Ohio State University's primary concern is for the health, safety, and welfare of the university community. The university complies fully with local, state, and federal regulations regarding the sale, possession, and consumption of alcoholic beverages. The unlawful manufacture, possession, use or distribution of illicit drugs or controlled substances on university property or as part of university activities is strictly prohibited. All members of the university community are held responsible for their behavior and for respecting the rights of others.

Ohio State endeavors to encourage a culture of compliance. The university is committed to providing education regarding the negative impacts of illicit drug use, misuse of prescription drugs, and the excessive or illegal consumption of alcohol. Ohio State provides programs, support, and resources to promote health-enhancing experiences. Additionally, Ohio State seeks to encourage responsible bystander behavior and timely reporting.

Please refer to The Ohio State University [Code of Student Conduct](#) for additional information for students and the Office of Human Resources [Drug Free Workplace Policy 7.30](#) for additional information for faculty, staff, graduate associates, and student employees.

Definitions

Term	Definition
Ohio State property	Property that is owned, operated, or controlled by The Ohio State University.
Open container	Any holder or receptacle that allows access to alcohol, including any bottle, can, or similar container on which the original seal has been broken. A bottle must be resealed by the permit holder.
Physical control of a vehicle	Being in the driver's position of the front seat of a vehicle and having possession of the vehicle's ignition key or other ignition device, whether or not the vehicle is running.

Policy Details

- I. Alcoholic beverage consumption is prohibited on Ohio State property or at off-campus university sponsored events at which the primary audience is under the legal consumption age unless:
 - A. Written approval from the Office of Student Life when students are the primary event organizer; and the Offices of Legal Affairs and Business and Finance for faculty, staff, and alumni.
 - B. The event occurs in designated areas licensed to sell alcohol, such as the Faculty Club, Fawcett Center, Ohio State Golf Course, Ohio Union, etc.
- II. Events serving alcohol must have a primary purpose for the gathering other than the availability of alcohol and alcohol must not be used as an inducement for participation.
 - A. Controls must be enforced to prevent underage drinking. These controls shall be consistent with local, state, and federal laws and the Code of Student Conduct.



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- B. Events involving alcoholic beverages as part of a competition, such as drinking games or chugging contests are prohibited.
 - C. Soft drinks or other non-alcoholic beverages such as water, punch, and fruit drinks should be available in the same location and be featured as prominently as the alcoholic beverages during the entire time alcoholic beverages are being served.
 - D. Food and/or snacks should be prominently displayed and available during the entire event.
 - E. Individual units may implement more restrictive policies relating to the use and/or promotion of alcohol within their facilities that are otherwise in accordance with university policy and local, state, and federal laws.
- III. Registered student organizations, on a university-related trip must comply with the Code of Student Conduct and local, state, federal, and international laws that apply to Ohio State students.
- A. Funds allocated to a registered student organization from the Council on Student Affairs Student Activity Fund, or otherwise from the university, must not be used to purchase alcoholic beverages.
 - B. Funds collected through a registered student organization's voluntary dues, donations, or fund-raising may be used to purchase alcoholic beverages if the purchase and use of those beverages is otherwise in accordance with university policy and local, state, and federal laws.
- IV. Alcoholic beverages may be served in designated areas of the Jerome Schottenstein Center. No thermos bottles, coolers, bottles, cans, or other containers of any type may be brought into the Jerome Schottenstein Center, Ohio Stadium or other university athletic facilities.
- A. Possession and consumption of alcohol in stadium parking areas are subject to local, state and federal laws and regulations. Police and the Ohio Investigative Unit may patrol these areas and enforce applicable laws.
 - B. Open containers are not allowed at any tailgating events.
 - C. Any open container must be transported as required by law.
- V. Alcohol is prohibited at undergraduate group events on Ohio State property, including public or semi-private common areas.
- A. Students 21 years of age or older, may possess and consume legal beverages in their rooms or suites, or rooms of others of legal age, in accordance with university policy and local, state, and federal laws.
- VI. Advertising that promotes the use of alcohol, illegal drugs, or the misuse of prescription drugs is prohibited on Ohio State property. This applies to events and activities organized or sponsored by the university.
- A. Subject to administrative restrictions, events organized on Ohio State property may display the corporate names and logos of alcohol-related sponsors, as long as it does not encourage consumption or irresponsible use.
 - B. Promotional materials, including advertisements for college events sponsored or co-sponsored by student organizations, must not make reference to or include pictures of alcoholic beverages or the name of alcohol distributors.
 - C. Advertising should focus on the purpose or theme of the event and not on the availability of alcohol in ways that imply drinking is the focus, such as a "beer blast," "forty kegs," or "all the beer you can drink."
- VII. The unlawful manufacture, possession, use or distribution of illicit drugs or controlled substances on university property or as part of university activities is strictly prohibited.
- A. The Ohio State University faculty, staff, graduate associates, student employees, students, volunteers, vendors, and visitors must abide by all applicable local, state, and federal laws regarding illicit drugs and controlled substances.



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Legal Requirements

Under local, state, and federal laws, it is a crime to do any of the following. For more information, see the [Ohio Department of Commerce](#) and [U.S. Drug Enforcement Administration](#).

I. Underage Drinking

- A. Purchase, order, pay for, or share the cost of alcohol if you are under 21.
- B. Possess alcohol if you are under 21.
- C. Consume alcohol if you are under 21, unless it is provided by and consumed in the presence of your parent, legal guardian, or adult spouse who is 21 or older.
- D. Sell alcohol to, buy alcohol for, or furnish alcohol to anyone under 21.
- E. Allow anyone under 21 who possesses or consumes alcohol to remain in your home, apartment, or residence hall room, or in other property that you own or occupy unless alcohol is given by and consumed in the presence of the underage person's parent, legal guardian, or adult spouse.

II. False Identification

- A. Show or give false information about your name, age, or other identification to purchase or obtain alcohol if you are under 21.
- B. Provide false information about the name, age or other identification of another person under 21 to purchase or obtain alcohol for that person.

III. Open Containers

- A. Have an open container of alcohol in your possession in any unlicensed public place.
- B. Have an open container of alcohol in your possession while driving or riding in or on a motor vehicle.
- C. Have an open container of alcohol in your possession while in or on a motor vehicle that is parked in or on a highway, street, or other place open to the public for parking.
- D. Open containers are not allowed at any Ohio State tailgating events.

IV. Transportation

- A. Operate a vehicle under the influence. If you are under 21, you are considered to be operating a vehicle under the influence if your blood alcohol level is .02 or higher and 0.08 at age 21. Refusing an alcohol test results in an immediate administrative license suspension.
- B. Consume alcohol while in a motor vehicle.
- C. Drive while under the influence of alcohol.
- D. Be in physical control of a vehicle while drinking or under the influence of alcohol.

V. Disorderly Conduct

- A. Engage in conduct likely to be offensive or cause inconvenience, annoyance, or alarm to others or that poses a risk of physical harm to yourself, to others, or to property while you are voluntarily intoxicated.

VI. Alcohol Sales

- A. Hold an event where alcohol is sold, or an event where alcohol is provided without charge but there is an entrance fee, cover charge, or other fee, without an appropriate permit. Information on how to obtain a temporary liquor permit is available from the [Ohio Division of Liquor Control](#).

VII. Illicit Drugs

- A. Sell or offer to sell any controlled substance, or prepare or package any controlled substance for sale.
- B. Distribute any controlled substance, unless authorized to do so by law.
- C. Knowingly obtain, possess, or use a controlled substance without a prescription.

VIII. State of Ohio Alcohol and Drug Law Criminal Sanctions

- A. Underage drinking: Ohio Revised Code (O.R.C.) 4301.63 provides that no person under the age of 21 shall purchase beer or intoxicating liquor. Penalty for violation: Violation of O.R.C. 4301.63 will result in a fine of not less than \$25 but not more than \$100. The court may order that the fine be



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- paid by the performance of public work at a reasonable hourly rate established by the court and may specify the designated time in which the public work shall be completed.
- B. False identification used to purchase alcohol for someone under 21: O.R.C. 4301.633 provides that no person shall knowingly furnish any false information as to the name, age, or other identification of any person under 21 years of age for the purpose of obtaining or with the intent to obtain, beer or intoxicating liquor for a person under 21 years of age, by purchase, or as a gift. Penalty for violation: Violation of O.R.C. 4301.633 is a misdemeanor of the first degree. The maximum penalty is imprisonment for not more than six months and a fine not more than \$1,000.
 - C. False identification used to purchase alcohol by someone under 21: O.R.C. 4301.634 provides that no person under the age of 21 years shall knowingly show or give false information concerning the same person's name, age, or other identification for the purpose of purchasing or otherwise obtaining beer or intoxicating liquor in any place in this state where beer or intoxicating liquor is sold under a permit issued by the division of liquor control or sold by the division. Penalty for violation: Violation of O.R.C. 4301.634 is a misdemeanor of the first degree, punishable by up to six months imprisonment and fines up to \$1,000. If a false or altered state identification card was used in commission of a violation of O.R.C. 4301.634, the punishment is a first degree misdemeanor with a fine of not less than \$250 but not more than \$1,000 and up to six months imprisonment.
 - D. Open container in a motor vehicle: O.R.C. 4301.64 prohibits the consumption of beer or intoxicating liquor in a motor vehicle. Penalty for violation: Violation of O.R.C. 4301.64 is a misdemeanor of the fourth degree punishable by up to 30 days in jail and a fine up to \$250.
 - E. Furnishing or selling alcohol to someone under 21: O.R.C. 4301.69(A) prohibits any person from selling or furnishing beer or intoxicating liquor to an person under 21 years of age, or buying it for any person under the age of 21. Penalty for violation: Violation of O.R.C. 4301.69(A) is a misdemeanor punishable by a fine of at least \$500 but not more than \$1,000, and up to six months imprisonment.
 - F. Underage purchase, possession or consumption of alcohol: O.R.C. 4301.69(E) provides that no underage person shall knowingly order, pay for, share the cost of, attempt to purchase, possess, or consume any beer or intoxicating liquor in any public or private place or knowingly be under the influence of any beer or intoxicating liquor unless he or she is accompanied by a parent, spouse, or legal guardian who is not an underage person, or unless the beer or intoxicating liquor is given for religious purposes or by a physician for medical purposes. Penalty for violation: Violation of O.R.C. 4301.69(E) is a misdemeanor of the first degree. The maximum penalty is imprisonment for not more than six months and a fine up to \$1,000.
 - G. Driving while intoxicated: O.R.C. 4511.19 prohibits any person from driving a motor vehicle while under the influence of alcohol or drugs. Penalty for violation: A violation of O.R.C. Section 4511.19 is a misdemeanor of the first degree, the maximum penalty for which is a jail term of up to six months and a fine up to \$1,000. The court may also impose additional fines, community rehabilitation or intervention programs, and suspend or revoke the offender's driver's license. Additional penalties exist for repeat offenders of O.R.C. 4511.19.
 - H. Selling or distributing illicit drugs: O.R.C. 2925.03 prohibits any person from selling or offering to sell any controlled substance, preparing or packaging any controlled substance for sale, or distributing any controlled substances. Penalty for violation: Anyone who violates this statute is guilty of drug trafficking. Violation of this statute is a felony, the level of which depends on the specific criteria set forth in O.R.C. 2925.03(C), including type and weight of drug. The minimum penalty for a fifth degree felony can include six to 12 months in jail and/or a fine up to \$2,500. The maximum penalty for a first degree felony can include imprisonment up to 10 years and a fine up to \$20,000.
 - I. Possessing or using illicit drugs: O.R.C. 2925.11 prohibits any person from knowingly obtaining, possessing, or using a controlled substance. Penalty for violation: Violation of O.R.C. 2925.11 is drug abuse, which may be a misdemeanor or a felony depending on the specific criteria set forth in



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O.R.C. 2925.11(C), including type and weight of drug. The minimum penalty, a fourth degree misdemeanor, is punishable by imprisonment of up to 30 days and a fine up to \$250. The maximum penalty, a first degree felony, is punishable by up to 10 years in prison and a fine up to \$20,000.

J. A complete list of Ohio drug prohibitions can be found in [Chapter 2925 of the Ohio Revised Code](#).

IX. Federal Drug Laws

- A. Federal law prohibits the trafficking and illegal possession of controlled substances as outlined in 21 United States Code, Sections 841 and 844.
- B. Depending on the amount possessed, first offense maximum penalties for trafficking marijuana range from five years' imprisonment with a \$250,000 fine to imprisonment for life with a \$10 million fine for an individual, and from five years imprisonment with a \$1 million fine to imprisonment for life with a \$50 million fine if not an individual. Also depending on the amount possessed, first offense maximum penalties for trafficking Class I and Class II controlled substances (methamphetamine, heroin, cocaine, cocaine base, PCP, LSD, fentanyl analogue) range from five years' imprisonment with a \$5 million fine to imprisonment for life with a \$10 million fine for an individual, and from five years' imprisonment with a \$25 million fine to imprisonment for life with a \$50 million fine if not an individual. First offense penalties for simple possession, 21 USC §844, range from at most one years' imprisonment or at least a \$1,000, fine or both; to at most 20 years' imprisonment and a fine of at least a \$1,000.
- C. For the most current and complete information regarding Federal penalties for drug trafficking, visit the [U.S. Drug Enforcement Administration Federal Trafficking Penalties](#).

X. Disclaimer

- A. This information is provided as a general summary of the major applicable laws. Laws are frequently amended and reinterpreted, and the application of law to specific situations generally requires an analysis of all of the facts and circumstances. This information should not be substituted for specific legal advice.
- B. If you are charged with a crime it is a good idea to seek advice of an attorney. Updates to these laws are generally reflected on the websites mentioned here, but individuals are ultimately responsible for knowing the laws. This information should not be substituted for specific legal advice.
- C. Ohio State's Code of Student Conduct and university policies and rules are campus behavior and safety standards that may result in sanctions, educational outcomes or penalties that are independent of any criminal considerations.
- D. Violation of the laws referenced previously may also be a violation of Ohio State's Code of Student Conduct and university policies and rules and could result in university sanctions. It should also be noted that the university's expectations for appropriate behavior are higher than those under the law.

PROCEDURE

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I. Process for University Events that Involve Alcohol

- A. Colleges and support units seeking to serve alcohol must request approval through the Office of Business and Finance.
- B. Students over the legal drinking age seeking to serve alcohol at an event must request approval through the Office of Student Life.



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- C. At least **three weeks** before the event, apply for university approval if the university event involves serving alcohol outside of a licensed premise. Proof of Liability Insurance may be required of the sponsor of the event.
- D. At least **eight weeks** before the event, submit a request for a permit from the Department of Liquor Control if planning an event that involves serving alcohol where there will be charges for anything, such as for a reception, conference registration, food, etc.
- E. At least **three weeks** prior to the event, the University Police Special Events Coordinator must be contacted and the sponsoring party must ensure adequate security, provide a safe and secure environment, and follow reasonable risk management procedures as defined by University Police.

II. Violations

- A. Any faculty, staff, graduate associates, student employees, students, volunteers, vendors, and visitors found to be in violation of local, state, and/or federal law, or who violate the university's alcohol or other drug policies, are subject to university disciplinary procedures and/or referral to the appropriate authorities for legal action.
 - 1. Campus disciplinary sanctions include, but are not limited to: written warnings, loss of privileges, probation, participation in an alcohol or other drug assistance or rehabilitation program, suspension, and/or dismissal.
 - 2. Sanctions may also apply to registered student organizations and to off-campus conduct.
 - 3. Additional disciplinary procedures may also be applied from professional schools, National Collegiate Athletic Association (NCAA), and vendors.
- B. We value the actions of student "Good Samaritans" or those individuals who are concerned for the health and safety of their peers.
 - 1. The Office of Student Life values the actions of student bystanders who seek medical assistance when warranted from appropriate resources, such as Residence Life staff, police, EMS or other first responders. In the interest of promoting health and safety, the student bystander's own use of alcohol or drugs, level of intoxication, or impairment generally should not result in any university disciplinary proceeding against that student bystander.
 - 2. When applicable, other violations of the Code of Student Conduct may still result in university disciplinary proceedings.

III. Corrective Action

- A. Faculty, staff, graduate associates, student employees, students, volunteers, vendors, and visitors are responsible for complying with all university policies and rules. If alcohol violations occur, corrective action is governed as follows:
 - 1. Students are subject to appropriate discipline by Residence Hall staff or by the Office of Student Conduct.
 - 2. Faculty and staff may be disciplined under all applicable university rules and policies, up to and including termination of employment.
 - 3. Volunteers and vendors are subject to appropriate disciplinary action by the college or unit.
- B. Alcohol policy violations can be reported via the university [Anonymous Reporting Line](#).



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Responsibilities

Position or Office	Responsibilities
University leaders, managers, and supervisors	<ol style="list-style-type: none"> 1. Communicate policy expectations. 2. Hold individuals responsible for compliance. 3. Communicate policy violations to leaders and managers in specific areas where problems occur.
Student Life	<ol style="list-style-type: none"> 1. Communicate policy expectations to the university community. 2. Consult with students on the policy. 3. Provide alcohol and other drug education and support. 4. Review the policy and update as needed. 5. Address non-employment setting policy violations with students. 6. Review, and when appropriate, approve student requests to serve alcohol at events.
Business and Finance	<ol style="list-style-type: none"> 1. Communicate policy expectations to the university community. 2. Consult with units on the policy. 3. Review, and when appropriate, approve college and support unit requests to serve alcohol at event(s).
Legal Affairs	<ol style="list-style-type: none"> 1. Communicate policy expectations to the university community. 2. Consult with units on the policy. 3. Review authorization forms and update as needed.
University Communications	<ol style="list-style-type: none"> 1. Communicate to the university community through an annual notification, which must include the following: standards of conduct; a description of sanctions for violating federal, state, and local law and campus policy; a description of health risks associated with AOD use; and a description of treatment options.
Human Resources	<ol style="list-style-type: none"> 1. Communicate policy expectations to the university community. 2. Consult with units on the policy. 3. Provide information on support services. 4. Address and refer policy violations to the appropriate position or office.
Employing or volunteer sponsoring unit	<ol style="list-style-type: none"> 1. Communicate policy expectations. 2. Provide information on support services. 3. Address and refer policy violators to the appropriate position or office. 4. Report policy violations to the appropriate position or office.
Individuals	<ol style="list-style-type: none"> 1. Comply with the policy. 2. Inform others about the policy whenever possible. 3. Use education and support resources as needed.

Resources

- Anonymous Reporting Line: secure.ethicspoint.com/domain/media/en/gui/7689/index.html
 Authorization to Serve Alcohol Request Form: to request the form, email ASArequests@osu.edu
 Drug-Free Workplace policy 7.30: hr.osu.edu/policy/policy730.pdf
 Expenditures policy 4.11: busfin.osu.edu/FileStore/PDFs/411_Expenditures.pdf
 Ohio Department of Commerce Division of Liquor Control: com.ohio.gov/liqr/
 Ohio Liquor Permit Classes and Fees: com.ohio.gov/liqr/permitClasses.aspx
 Ohio Revised Code: codes.ohio.gov/orc/



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Registered Student Organizations: activities.osu.edu/involvement/student_organizations

Student Code of Conduct: studentlife.osu.edu/csc/

U.S. Drug Enforcement Administration: justice.gov/dea/index.shtml

U.S.D.E.A. Federal Trafficking Penalties: justice.gov/dea/druginfo/ftp3.shtml

Contacts

Subject	Office	Telephone	E-mail/URL
Policy questions	Student Wellness Center	614-292-4527	swc.osu.edu/
Alcohol and other drug coaching/ screenings	Student Wellness Center	614-292-4527	wellness@osu.edu swc.osu.edu/
Alcohol permission requests	Office of Business and Finance	614-292-7970	ASArequests@osu.edu
Code of Student Conduct	Student Conduct	614-292-0748	studentconduct@osu.edu studentconduct.osu.edu/
Collegiate recovery community	Student Wellness Center	614-292-4527	wellness@osu.edu swc.osu.edu/
Corrective action for employees	Employee and Labor Relations, Office of Human Resources	614-292-2800	ohrc@hr.osu.edu hr.osu.edu/elr/
Couple and family counseling	Couple and Family Clinic	614-292-3671	cftc.ehe.osu.edu/
Employee substance abuse	Employee Assistance Program	800-678-6265	osuhealthplan.com/OhioStateEAP/
Group support	Student Wellness Center	614-292-4527	wellness@osu.edu swc.osu.edu/
Psychological services	Anxiety and Stress Disorders Clinic/ Psychological Services Center	614-292-2345 614-292-2059	anxiety.psy.ohio-state.edu/ labs.psy.ohio-state.edu/psc/
Student alcohol, tobacco, and other drugs coordinator	Student Wellness Center	614-292-4527	wellness@osu.edu swc.osu.edu/
Student counseling group/ individual	Counseling and Consultation Service	614-292-5766	ccs.osu.edu/ ccs@studentlife.osu.edu
Student wellness coaching	Student Wellness Center	614-292-4527	wellness@osu.edu swc.osu.edu/
University Police special events coordinator	Department of Public Safety	614-688-3211	specialevents@dps.ohio-state.edu ps.ohio-state.edu/

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Alcohol Policy

Alcohol and Other Drug Health Risks

Alcohol and other drugs affect the health and safety of students, faculty, staff, volunteers, and campus visitors, and are very costly in relationship to campus crime and interference with the learning environment. The Ohio State University is committed to providing a safe, healthy learning community.

ALCOHOL

Risk	Possible Health Effect
Alcohol Use Disorders: Alcoholism & Alcohol Abuse	<ul style="list-style-type: none"> • Alcohol withdrawal syndrome • Cardiomyopathy • Certain types of cancer (oral, pharynx, esophagus, larynx, and lung) • Cirrhosis • Deficiency in thiamine • Gastrointestinal disorders • Heart Disease • Korsakoff's psychosis • Learning and memory problems • Nerve damage • Pancreatitis • Permanent damage to brain and liver • Wernicke's encephalopathy
Birth Defects	<ul style="list-style-type: none"> • Fetal alcohol spectrum disorders • Miscarriage • Physical and mental birth defects • Stillbirth
Chronic Heavy Drinking or Binge Drinking Heavy: 14 drinks/week for men; 7 drinks/week for women Binge: 5+ drinks for men in 2 hours, 4+ drinks for women in 2 hours	<ul style="list-style-type: none"> • Alcohol poisoning • Anemia • Cancer (correlated with mouth, throat, larynx, esophagus, liver, breast, and colon) • Cardiovascular disease • Dementia • Depression • Gout • High blood pressure • Liver disease, heart disease • Nerve damage • Pancreatitis • Sleep disorders • STDs and unwanted pregnancy from unsafe sex • Stroke
Intoxication	<ul style="list-style-type: none"> • Decreased ability to analyze sensory information resulting in disturbed balance, slurred speech, blurred vision, heavy sweating, and dulled sensation of pain • Dehydration • Disrupted balance of minerals in the blood • Disrupted judgment • Gastritis • Hangovers consisting of headache, thirst, nausea and dizziness as well as fatigue • Impaired brain function • Impaired judgment • Impaired motor skills



Alcohol Policy

Alcohol and Other Drug Health Risks

Risk	Possible Health Effect
	<ul style="list-style-type: none"> • Increased chances of death, accidents, and injuries, falls, sexual victimization, suicide • Increased lethargy • Inflammation of esophagus • Interference with sleep rhythms

COMMONLY ABUSED DRUGS

Category	Possible Health Effect
Anabolic Steroids	<ul style="list-style-type: none"> • Aggression or rage • Blood clotting and cholesterol changes • Delusions • Extreme irritability • Extreme mood swings • Fluid retention • For men—shrinkage of the testicles (testicular atrophy), reduced sperm count or infertility, baldness, development of breasts (gynecomastia), increased risk for prostate cancer • For women—growth of facial hair, male-pattern baldness, changes in or cessation of the menstrual cycle, enlargement of the clitoris, deepened voice • Hypertension • Impaired judgment stemming from feelings of invincibility • Increased risk of contracting HIV/AIDS or hepatitis • Kidney cancer • Liver cysts • Paranoid jealousy • Severe acne
Bath Salts	<ul style="list-style-type: none"> • Agitation • Altered mental state • Chest pain • Extreme paranoia and delusions • Hallucinations • Highly addictive • Hypertension • Increased blood pressure and heart rate • Kidney injury • Panic attacks • Seizures • Violent behavior, self-injury, self-mutilation, suicide
Cannabinoids (Hashish, Marijuana)	<ul style="list-style-type: none"> • Anxiety, paranoia and panic attacks • Asthma • Bloodshot eyes • Cancer of the lungs • Difficulty speaking, listening, thinking, and problem solving • Distorted perception (sight, sound, time, touch) • Dry mouth and throat • Impaired complex motor skills • Impaired concentration



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Category	Possible Health Effect
	<ul style="list-style-type: none"> • Impaired judgment • Increased risk of damaging the lungs and reproductive system, • Increased heart rate • Linked to heart attacks • Loss of coordination • Lowered sperm production • Problems with memory and learning • Psychological dependence • Respiratory problems: bronchitis, emphysema and bronchial asthma
Depressants	<ul style="list-style-type: none"> • Fatigue; confusion; impaired coordination, memory, judgment; addiction; respiratory depression and arrest; death • Barbiturates <ul style="list-style-type: none"> - Depression - Dizziness - Fever; irritability - Life-threatening withdrawal - Poor judgment - Slurred speech - Unusual excitement • Benzodiazepines <ul style="list-style-type: none"> - Dizziness • Flunitrazepam <ul style="list-style-type: none"> - Memory loss for the time under the drug's effects - Urinary retention - Visual and gastrointestinal disturbances • GHB <ul style="list-style-type: none"> - Coma - Death - Drowsiness - Loss of consciousness - Loss of reflexes - Nausea/vomiting, headache - Seizures • Methaqualone <ul style="list-style-type: none"> - Depression
Dextromethorphan (DXM)	<ul style="list-style-type: none"> • Body rash/itching • Closed-eye hallucination • Difficulty breathing • Dizziness • Drowsiness • Gastrointestinal disturbances • Memory loss • Nausea • Numbness
Dissociative Anesthetics	<ul style="list-style-type: none"> • Ketamine <ul style="list-style-type: none"> - Altered body image - Altered hearing - Aphasia - Blunted affect



Alcohol Policy

Alcohol and Other Drug Health Risks

Category	Possible Health Effect
	<ul style="list-style-type: none"> - Blurred vision - Delirium - Diplopia - Dizziness - Erythema - Euphoria - Hallucinations - Hypersalivation - Hypertension - Illusions - Impaired attention, memory and judgment - Nausea and vomiting - Nightmares - Nystagmus - Pain at injection site - Psychomimetic phenomenon - Psychomotor retardation - Tachycardia - Vivid dreams • PCP and analogs <ul style="list-style-type: none"> - Aggression - Decrease in blood pressure and heart rate - Depression - Loss of appetite - Panic - Violence
Hallucinogens	<ul style="list-style-type: none"> • LSD, Mescaline, & Psilocybin <ul style="list-style-type: none"> - Delusions and hallucinations - Increased body temperature, heart rate, and blood pressure - Loss of appetite - Numbness, weakness - Sleeplessness - Tremors - Unpredictable psychological effects, with "trips" lasting about 12 hours • Mental disorders • Nervousness, paranoia
Inhalants	<ul style="list-style-type: none"> • Aspiration of vomit • Birth defects if pregnant • Cramps • Damage to central nervous system and brain • Depression • Frostbite • Hearing loss • Heart failure • Hypoxia • Kidney damage • Limb spasms • Memory impairment • Muscle weakness



Alcohol Policy

Alcohol and Other Drug Health Risks

Category	Possible Health Effect
Opioids	<ul style="list-style-type: none"> • Unconsciousness • Heroin <ul style="list-style-type: none"> - Coma, unconsciousness - Confusion - Constipation - Depressed breathing so overdose can be fatal - Highly addictive and tolerance builds up rapidly - Increased risk of infectious diseases such as HIV/AIDS and hepatitis - Nausea - Sedation - Staggering gait
Stimulants	<ul style="list-style-type: none"> • Amphetamines <ul style="list-style-type: none"> - Aggression, erratic behavior - Bad feelings as drug wears off - Convulsions, coma, death - Depression - Extreme exhaustion - Hallucinations - Headache - Loss of coordination - Low blood pressure - Nausea - Panic and paranoia - Physical effects: hyperactivity, dilated pupils, vasoconstriction, blood shot eyes, flushing, restlessness, dry mouth, bruxism, headache, tachycardia, bradycardia, tachypnea, hypertension, hypotension, fever, diaphoresis, diarrhea, constipation, blurred vision, aphasia, dizziness, twitching, insomnia, numbness, palpitations, arrhythmias, tremors, dry and/or itchy skin, acne, pallor, convulsions, and with chronic and/or high doses, seizure, stroke, coma, heart attack and death can occur - Psychological effects: euphoria, anxiety, increased libido, alertness, concentration, energy, self-esteem, self-confidence, sociability, irritability, aggression, psychosomatic disorders, psychomotor agitation, grandiosity, repetitive and obsessive behaviors, paranoia, and with chronic and/or high doses, amphetamine psychosis can occur - Reduced performance at work, disruption of relationships - Twitching/tremors • Cocaine <ul style="list-style-type: none"> - Abdominal pain - Anxiety, panic attacks, paranoia - Chest pain - Cocaine is very addictive and many users quickly develop a strong psychological dependence on it - Damage to the veins, leading to ulcers and gangrene, and increased risk of blood-borne infections such as hepatitis or HIV - Damage to the lungs - Damage to the nasal septum as the drug causes vasoconstriction - Feeling constantly run-down when not taking cocaine - Headaches - Heart attacks - Increased body temperature



Alcohol Policy

Alcohol and Other Drug Health Risks

Category	Possible Health Effect
	<ul style="list-style-type: none"> - Long-term changes to the brain, particularly in the brain's 'reward' circuits, which control sense of pleasure, and personality changes - Loss of libido - Malnutrition - Nausea - Raised heart rate and blood pressure - Respiratory failure - Strokes or seizures - Tolerance builds quickly • MDMA <ul style="list-style-type: none"> - Anxiety, panic, confusion - Cardiac/liver toxicity - Depression as drug wears off - Dry mouth - Hyperthermia - Impaired memory and learning - Increased heart rate and raised blood pressure - Increased liver and kidney problems in later life - Interferes with body's fluid control mechanisms and salt balance, making it easy to overhydrate and cause the brain to swell - Long-term brain changes such as depletion of serotonin, leading to chronic depression, memory impairment, and personality changes - Mild hallucinogenic effects - Raised body temperature, leading to dehydration - Renal failure • Nicotine <ul style="list-style-type: none"> - Adverse pregnancy outcomes - Cardiovascular disease - Chronic bronchitis and emphysema - Heart disease - Increased risk of cancer in almost every organ and tissue of the body, especially cancer of the lung, throat, and stomach - Lung disorders and disease - Stroke



Alcohol Policy Community Resources

Subject	Office	Telephone	Website
Mental health and psychiatry	Adult Children of Alcoholics (ACOA) and AL-ANON	562-595-7831	adultchildren.org/ al-anon.alateen.org/
Family support	Al-Anon and Alateen of Central Ohio	614-547-1550	coafg.org
Substance abuse education/prevention	Alcohol And Drug Awareness Series	614-566-3700	ohiohealth.com/riverside/
Individual support	Alcoholics Anonymous	614-292-4527	aa.org/
Individual support	Alcoholics Anonymous-Central Ohio Group Fellowship	614-253-8501 800-870-3795	acentralohio.org
Mental health and psychiatry	Amethyst, Inc.	614-242-1284	amethyst-inc.org/
Individual support	Central Ohio Area Narcotics Anonymous	614-252-1700	nacentralohio.org/
Substance abuse education/prevention	Columbus Public Health	614-645-7306	publichealth.columbus.gov
Substance abuse education/prevention	Community for New Direction	614-257-0305	cndonline.org
Detoxification residential substance abuse treatment facility Substance abuse counseling Substance abuse education/prevention	CompDrug Corporation	614-224-4506	compdrug.org
Substance abuse counseling	Concord Counseling Center	614-882-9338 ext. 205	concordcounseling.org
Comprehensive services	Cornerstone of Recovery	614-889-0000 866-359-8551	cornerstoneofrecovery.com/
Substance abuse counseling	Directions Counseling Group	614-888-9200	directionscounseling.com
Substance abuse education/prevention	Drug-Free Action Alliance	614-540-9985	drugfreeactionalliance.org
Substance abuse counseling	Dublin Counseling Center	614-889-5722	dublincounselingcenter.org
Substance abuse education/prevention	Educational Council	614-688-3200	edcouncil.org/prodev
Substance abuse education/prevention	Franklin County Public Health	614-525-3160 614-525-3965 Emergency Hotline	myfcph.org/



Alcohol Policy Community Resources

Subject	Office	Telephone	Website
Substance abuse counseling Outpatient programs	House of Hope for Alcoholics	614-276-4840 Intake	hofhope.org
	Jewish Family Services	614-559-0124	jfs columbus.org
Detoxification DUI offender programs Substance abuse counseling Substance abuse education/prevention Inpatient substance abuse treatment facilities	Maryhaven	614-445-8131 614-645-6150 DUI program 614-324-5478 DUI program	maryhaven.com/
Substance abuse counseling (Hispanic and Latino)	Montalvo-Crumbley and Associates, LLC	614-365-1919	
	Nar-Anon Family Groups	614-470-3428	nar-anon.org
Substance abuse counseling	Neighborhood House	614-252-4941	nhwa.org/
Adult intensive outpatient programs	Neil Kennedy Recovery Clinic	614-210-0416	nkrc.org
Adult residential treatment facility Substance abuse counseling Inpatient substance abuse treatment facilities	North Central Mental Health Services	614-299-6600 614-294-3309 614-421-3183 24 hour hotline	ncmhs.org
Substance abuse counseling Substance abuse education/prevention	North Community Counseling Centers	614-846-2588 ext. 2223 614-846-2588 ext. 2216	northcommunity.com
Substance abuse counseling Substance abuse education/prevention	Northwest Counseling Services	614-457-7876 ext. 332	northwestcounselingservices.org
Substance abuse education/prevention	Ohio Physicians Health Program	614-841-9690	ophp.org/
Outpatient Detoxification Residential Facility Substance abuse counseling	Parkside Recovery/ Woods at Parkside	614-471-2552 800-282-5512: 24 hour hotline	thewoodsatparkside.com/



Alcohol Policy Community Resources

Subject	Office	Telephone	Website
Substance abuse drop in services	PEER Center	614-453-4840	thepeercenter.org
Opioid detox	Rehabilitation Care Group	614-901-0590 888-228-2094	treatmentcanwork.com/
Outpatient Residential treatment Adult and Family, Older Adult and AOD	Southeast, Inc.	614-444-0800 614-225-0990	southeastinc.com
Veterans support (all areas: detox, counseling)	United States Department of Veterans Affairs	614-257-5406	columbus.va.gov
Substance abuse education/prevention	Urban Minority Alcoholism and Drug Abuse Outreach Program of Franklin County Inc.	614-227-9694	umadaopfc.com