



THE OHIO STATE UNIVERSITY

OFFICE OF STUDENT LIFE

Enhancing Wellness to Build a Healthier Campus

Connie Boehm, Director, Student Wellness Center



Location: B130 RPAC, 12th Floor of Lincoln

Hours: 9:00am - 9:00pm

Contact Info:

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SWC.OSU.EDU





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Almost everything we do in student life can be tied either directly or indirectly to wellness.”





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Competing Concerns on Campus Today



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Groups being served

Fall

- 18 STEP Cohorts (includes one whole house)
- Buckeye Leadership Fellows
- Non-Profit Immersion Program
- Collegiate Recovery Community

Spring

- Student Wellness Center Volunteers
- Greek Life
- 7 STEP Groups

Workshops/Trainings

- Morrill Scholars Program Living Learning Community
- CFAES and School of Environmental Services Peer Mentors
- Pay it Forward
- First Year Experience Peer Leaders



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Scarlet and Gray Financial



Collegiate Recovery Overview





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Alcohol and Drug Prevention





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Healthy Relationships





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Nutrition Coaching





Take the Wellness Assessment and be entered to win the following:

- Beats by Dre™ Headphones (4)
- Fitbits (2)



go.osu.edu/WA



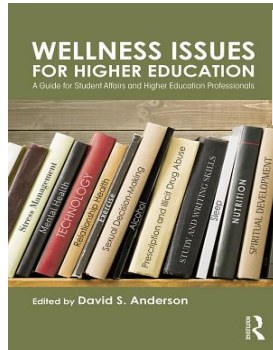
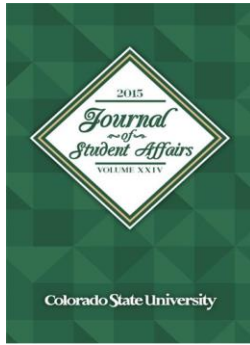
Higher Education Center

for Alcohol and Drug Misuse Prevention and Recovery



ScreenU Pilot

- Screening
- Brief Intervention
- Referral to Treatment
- Alcohol and Prescription Drugs
- 7-10 minutes





Opportunities for YOU!

- Research projects
- Grant writing
- Conference Planning
- Presentation delivery
- Follow us on twitter and facebook
- Running and participating in focus groups
- Product development
- Uweekly reports
- Webinars



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**Helping Students
THRIVE!**

@OSUwellness