

COUNCIL ON STUDENT AFFAIRS: Meeting Minutes

Date and Attendance

3:30 PM – 5:00 PM

February 19, 2024

Attendance: Peter Carrera, Alison Armstrong, Kirsten Myers, Krutant Mehta, Adam Fromme, Ayah Aldosari, Jordan Kalthoff, Danny Glassmann, Matt Couch, Elizabeth Rowles, Lorraine Pennymann, Harpreet Singh, Sheridan Tassy, Brittany Crall, Annie Maxwell, Jack Tumulty, Akua Nelson

Absent: Bobby McAlpine, Michelle Beverly, Anthony Alatalo, Hawwii Asoba, Deborah Grzybowski, Alina Cioletti, Carlisle Salapare

Old Business

1. Approval of Meeting Minutes (February 5, 2024)
2. Motion to approve by Alison/Seconded by Kirsten

New Business

1. Approval of Agenda
 - a. **Motion to approve by Alison/Seconded by Kirsten**
2. Land Acknowledgement: earthworks.osu.edu/land
3. Updates – Peter Carrera
 - a. **Around the Oval Meeting – questions asked about university senate establishment of a university wide land acknowledgment. Dr. Shivers connected Peter with the interim provost to discuss further updates about land acknowledgement.**
 - b. **HR is working to tell/ask colleges that haven't increased living wages to discuss what consequences come with an increase. There is no deadline for this information, but HR is on it.**
 - c. **Discussions also surround level increase based on experience/time in an area. (Step Plan) - Petr will follow up about certain colleges limitations on wages.**
4. Student Health and Wellbeing, Ryan Lovell
 - a. ***Health and well-being are where we start, not where we end up.***
 - b. **Lovell oversees Counseling and Consultation Service, Rec Sprots, Student Wellness Center, Student Health Services, and Student Advocacy Center.**
 - c. **What have you absorbed so far? What are your priorities for the next 1-5 years?**
 - i. **Buckeye Resource Center – Younkin Success Center Assessment**
 - ii. **Cross-functional collaborations amongst units “one door”**
 - iii. **Partnership with Chief Wellness Officer Schottenstein Center for Resiliency (SOAR Grant)**
 - iv. **Student input into health and well-being**
 - v. **Continual evaluation of our services**
 1. **House Bill 33**
 - d. **What connections/collaborations will the OSL H&W have with OSU's broader SOAR study?**
 - e. **Counseling & Consultation Services (CCS)**
 - i. **Multimodal approach from 1-on-1 services to online services.**

1. Group counseling, workshops, online modules.
2. Additional Mental Health Funding through Implementation of HB33
 - a. 2.5 million dollars over the next two years to expand service.
 - i. Uwill, Welltrack Boost, Biometric Feedback and outreach.
- ii. Access to long term 1-1 counseling sessions? After the 10 or 12 visits?
 1. All students are entitled to 10 sessions annually. Students on University Insurance can get up to 20 sessions annually. There is also a refer out process. Long term care is focused on specialty care, and these students are referred to the community care system.
 2. Students typically come 5-6 times, so the 10-session model has worked well.
 3. **Question:** Could OSU hire their own specialist instead of referring out?
 - a. There is a financial aspect; however, overall, our student population hasn't needed a defined specialist. Ryan is willing to check in for a potential specialist.
- iii. Do you have enough mental health experts? How are you improving the diversity of counselors/matching students to people with similar backgrounds?
 1. 40-50 ish counselors and diversity is an important aspect of the hiring/employment process. Based on national recommendations, the team do represent the significant diverse background and experience needed.
 2. **Question:** Have students provided feedback about counselors' understanding of diverse backgrounds?
 - a. Trainings are provided for counselors as a team and keep up with their annual professional development as a part of counseling duties. Diversity training is being checked on.
 3. **Question:** Could the counselors represent the students most utilizing the services?
 - a. We would need to look further into who is coming in and how to reach those not represented.
- iv. Embedded counselors use, any plans to expand?
 1. Always looking to partner with the colleges. Right now, no colleges are seeking counselors. There is a great partnership with current colleges.
 2. **Question:** What is in place for students who cannot use their embedded counselor?
 - a. Ryan Lovell and Dr. Sharma should be contacted immediately.
- v. Uwill telehealth program goals and overview
- f. Recreational Sports
 - i. FusionGo App – Adoption & Integration of Technology Solutions
 1. Scheduling classes and knowing what is going on in the gyms. Students can also pull up a barcode if they forgot their BuckID.
 - ii. What are the effects of the increase in student wages on services?

1. Rec Sports is one area that employs the most student employees. Looking to adjust compression. There has not been an impact on services.
- iii. ESports at OSU update. Lincoln Tower Esports usage?
 1. Esports pass - \$40 a year/there may be an upcoming change for next school year. Dollar amount modeled around the city's esports costs.
 2. It has a lot of potential and a great facility in Lincoln Tower. 5 Teams are supported through this gym. Computer replacements are coming. Sponsorships are being discussed to try to cover these costs.
 3. Summer Camp is coming up to try to increase revenue.
 4. The tournament will be hosted this Spring.
- g. Student Advocacy Center
 - i. How is the student emergency fund being used? How many students are using it? Same for the Mental Healthcare Financial Assistance Fund.
 1. Number of Apps – SEF: 251, MHB: 194, MHCG: 70.
 2. Approved (AU): 46.5%, Pending (AU): 7%, Denied (AU): 46.7%
 3. Top denial reasons: Over the COA, 2nd application, No FAFSA, Not enrolled for the summer
 4. Top categories paid out: Housing (99), Automobile (84), and Utilities (63)
 5. Goals are to increase Regional Campus usage
 - ii. How do we determine need?
 1. FAFSA helps to narrow down. It tends to be a challenge for graduate students who do not complete the FAFSA.
 - iii. Continue to evaluate and determine the scope of SAC's work to ensure efficiency and effectiveness
 1. Identify and enhance partnerships across the campus
- h. Student Health Services
 - i. Continue to evaluate and address staffing concerns, including staff levels, retention, morale, and functional efficiencies.
 - ii. Wilce Building Assessment – looking at the space and design to better support students and be up to date with other centers.
 - iii. Medical/Healthcare education for students
- i. Student Wellness Center
 - i. Identify opportunities and promote cross area collaboration. Enhance collaboration and content integration within the Student Wellness Center programs to better address students' holistic wellness needs.
 - ii. Buckeye Resource Center – Career Closet, Food Pantry, etc. Located in the Younkin Success Center Assessment
- j. HB33 Grant Requests
 - i. Teletherapy – UWILL 24/7 therapy appointments – 30-minute appointments. Access to at least 3 appointments with an additional pool of 500 appointments that can be distributed, as needed.
 - ii. GTAs – Student Wellness Center, CCS, and Suicide Prevention Program

- iii. Direct Mental Health Support Grants
 - 1. Mental health support for students off campus
 - iv. Accommodation Support for Mental Health – two additional staff members
 - v. Student Organization Wellness Ambassadors – incentivizing student orgs to create a formal mental health ambassador position
 - vi. SEE program focus
 - vii. BRC position created
 - viii. Biofeedback equipment and software created.
 - ix. Digital Mental Health Modules
5. Committees: Issues & Allocations
- a. Issues – Kirsten Myers
 - i. Meeting on Thursday to discuss new issues as last semester’s issues have been resolved.
 - ii. Accessibility and Student Legal Services.
 - iii. Overleaf – many students use it for homework. Is this something funding could cover for student subscriptions.
 - b. Allocations – Jack Tumulty
 - i. Right on track to finish all 400 requests by the end of this month.
 - ii. Decisions will be returned by March 1st
 - iii. Almost double 2019’s funding request.
 - iv. March 4th – Allocations will be presenting adjustments that they have made to guidelines. Reimbursement meeting with Elizabeth to clarify details and updates.
 - 1. CSA Carryforward funds procedures will also be discussed
6. Student Government Updates
- a. USG
 - i. Planning a Black History Month Gala Dinner.
 - ii. Elections are coming up with Bobby running again.
 - b. CGS
 - i. Meeting last week with Dr. Shivers focused on family housing. A new coordinator will be created to help OSU find housing to keep rent prices down. There is no plan for OSU to build specific family housing.
 - ii. Hayes Forum is on March 1st
 - iii. Elections are coming up.
 - c. IPC
 - i. IPS is this weekend focused on sustainability.
 - ii. Yoga Event and Lunar New Year events were a success
 - iii. Around the Oval – Meeting with interim provost to discuss common concerns.
7. Office of Student Life - Updates from Danny Glassmann
- a. Taste of OSU was last Friday and we had some regional campus students attend
 - b. Board of Trustees (BOT) Meeting this Week: Can attend in-person or virtually (<https://trustees.osu.edu/>)
 - c. Our First Buckeye Bound Program is this Saturday, as well as Sibs, Kids, and Family Day!

- d. Monday April 8th will be the annual Student Remembrance Ceremony at 6:30 p.m. at the Fawcett Center. This important event celebrates the memory of Buckeyes we've lost this academic year.
 - e. Commencement Speaker Nominations (Due March 1):
<https://commencementspeakernomination.oaa.osu.edu/>
- 8. Open Floor/Announcements/Questions
- 9. Adjournment
 - a. Motion to adjourn by Kirsten/Seconded by Jack