

COUNCIL ON STUDENT AFFAIRS: Meeting Minutes

Date and Attendance

3:30 PM – 5:00 PM

March 2, 2026

Attendance: Gabe M, Sheri K, Maia G, Matt C, Brittany C, Shaun R, Brady C, Ashley S, Ryan L, Mike Abito, Kenneth M, Harpreet S, Peter C, Jennifer W, Jeff P, Darren N, Joe M, Jack M, Mohamed E

Absent: David M, Jessica Asante-Tut, Aryav Yadapadithaya, Hanniel Diaz Elizarraga, Jeffery Liu

Old Business

1. Approval of Meeting Minutes (February 16, 2026)
2. Motion to approve by Gabe M / Seconded by Joe M

New Business

1. Approval of Agenda
 - a. Motion to approve by Gabe M / Seconded by Jack Meyer
2. Committees: Issues & Allocations
 - a. Issues Jack Meyer
 - i. Did not meet last week, but have a big meeting this week articles 3-6.
 - b. Allocations Gabe
 - i. Finished 1st round of appeals, 69 total received, 32 approved, pending 18, denied 19. Need all appeals done by March 19th. Will send out a form for voting – please review.
 - ii. Still finishing up brainstorming doc, language changes, etc
 - iii. Working on guidelines and getting updates for funding doc as well.
3. Student Government Updates
 - a. USG
 - i. The presidential team candidates are happening now. 4 president teams are campaigning, and ballot will go thru Wed next week. Candidates are also running for general assembly positions.
 - b. CGS
 - i. Applications for president, vice president, secretary, & treasurer officer elections are being accepted. Elections on March 13th. Then senator elections afterwards.
 - ii. Hazing forum is coming up in the Union.
 - iii. Interim VP is in place now as well.
 - c. IPC
 - i. Had first meeting yesterday
 - ii. Annual Drag Show raised about \$7,000 for the Kaleidoscope Center
 - iii. More service events happening this semester.

- iv. Nominations for executive board and at the senate meeting, as well as who's leading IPC next year.
- 4. Office of Student Life (Updates from Ryan)
 - a. Uwill is a great program for virtual support. HB33 grant money has to be spent by June 30th, so Uwill will be extended through next spring as well.
 - b. Grant money also provides emergency funding for students. Student Advocacy will continue to provide support for mental health initiatives.
 - c. Phase one of Housing re-election will end today; phase two is roommate selection – happening after spring break.
 - d. Student life is working with internal staff regarding AI initiatives. Dr Claire Brady visited with staff and did a day-long session around AI usage/education.
- 5. Presentation by Counseling and Consultation Services (Micky Sharma)
 - a. Mission is to promote the well-being and their academic success.
 - b. Have about 25 trainees who are providing services to the students under clinical supervision.
 - c. Impact on mental health & wellbeing
 - i. Biological, behavioral, and/or social
 - 1. Inherited traits, brain chemistry, poor sleep, substance use, poor nutrition, relationship challenges, trauma, exclusion, no sense of belonging, and more.
 - 2. Provides a range of needs and options
 - 3. A variety of mental health needs and what support services that meets that need.
 - ii. Individual counseling, drop-in consultation for students (about 50% of students), phone screening (get connected with services), workshops, about 20 different in-person group counseling, psychiatry, referrals to supplemental resources and specialty care, urgent appointments, and after-hours on-call support (614-292-5766).
 - iii. They have hundreds of providers in their database to match clinicians with the students & their needs.
 - iv. Staff:
 - 1. Multidisciplinary staff, care team, embedded therapists (largest growth area), training program, and suicide prevention program.
 - v. If students are experiencing mild, common, and developmental concerns (homesickness, test anxiety, problems making friends, procrastination, feelings of being overwhelmed), then they recommend CCS workshops, Let's Talk, Dennis Learning Center, Rec Sports/Group Fitness, Wellness Coaching, Psych Bytes Podcast, and/or Emotional Fitness Blog(takes 3 minutes to read the blog).
 - vi. If moderate concerns (excessive absences, withdrawing, anxiety interfering with life, panic attacks, using drugs or alcohol), then use CCS phone screening to get a "road map" on options of support, psychological services center, couple and family therapy clinic, Harding hospital

outpatient clinic, disability services, Wilce student health services, Uwill (can treat medically – and available to all students), Student Advocacy, Community provider database.

- vii. Severe and Urgent Concerns – if you can't wait 24 hours - (violence, uncontrollable anger, thoughts of harming themselves or others, significant eating disorders, assault, grief/loss, loss of contact with reality), then they recommend OSU Wexner Medical Center Emergency Department, OSU Police, Suicide Prevention Lifeline, Text 4hope to 741741, CCS at 614-292-5766.
- viii. They try to contact back within 24 hours.
- ix. 72 percent of their time is spent on ongoing treatment! That's the key to their program.
- x. Resources:
 - 1. go.osu.edu/CCSonDemand
 - 2. go.osu.edu/MyMentalHealth
 - 3. Or the Ohio State App (Get Help > Mental Health and Wellness section).
- xi. Regional campuses has their own counseling center staff.
- xii. Wooster has embedded therapist from CCS, everyone else has their own staff.
- xiii. Students can access Uwill, drop-in workshops, and after-hours or ProtoCall.
- xiv. All students have access to main campus services.
- xv. On Cols' Main campus, and up to 85% of their services run in-person. Telehealth is also available but they're finding that most students want to be in-person due to scheduling/commuting.
- xvi. In-person, clinical assessments provide more information in-person than via telehealth.
- xvii. A Culture of Care: Education, Advocacy, Outreach – everyone can be a part of this!
- xviii. Questions
 - 1. If someone is on an all-virtual program, can they do telehealth?
 - a. Where are they physically? It's important that the licensed counselors must be licensed in the area. UWill would be the best option because they can see anyone anywhere in the country.
 - 2. What are some of the trends in mental health up or down (withdrawal, eating disorders, etc.)?
 - a. Eating disorders are starting to rise.
 - b. University aged students managed the pandemic better than the general population in Dr. Sharma's opinion.

- i. According to CBC, every population group increased in reporting mental health issues except young adults.
 - 3. Exponential curve – how many students are utilizing services?
 - a. On a full year, about 8 % of the student body will receive some service from CCS (not including Uwill). Outreach programming can reach about 25,000 students but not may not be an accurate estimate.
 - 4. Is this where we're expecting the number to be?
 - a. Yes! The national average is 7-12%, but the smaller the school is, the higher the percentage gets.
 - 5. Is there a reason why there's no direct hotline because output takes 24 hours to respond?
 - a. There is an emergency number but also have behavioral health urgent facility through hardy hospital.
 - b. The 24 hours on a call is the expectation but it's usually the same day. Unfortunately, the CCS is not staffed to be a hotline in that way.
- 6. Brainstorm Questions for Next Presenter: Dining Services
 - a. Send questions to Kirsten to be submitted for the next presentation.
 - i. Pricing/Swipes – that is a constant concern from students and wanting the cost reduced.
 - ii. Last year they talked about the re-usable to-go containers, I would like an update on that.
 - iii. Since EspressoOH falls under dining services, it could create an issue with students that the prices don't match the posted screen.
 - iv. I want to hear about the different sustainability programs (related to Ken's note above) that they have and how student engagement is with them / how are they trying to improve it?
 - v. Compost bins?
 - vi. What is relationship to regional campus dining services... (regional Newark campus could only take orders via the kiosks).
 - vii. Would like an update on their religious accommodation.
 - 1. Possibly to-go boxes for religious holidays like Ramadan.
- 7. Code of Student Conduct Review Update
 - a. Introduction/Voting changes by Peter C
 - i. Membership: increasing the number of members from every single body (faculty, undergrad, professional students).
 - 1. Changes to Quorum from 4 (no less than 2 students) down to 3 (no less than 1 student) to possibly increase the number of UCB hearings and don't have to delay them due to scheduling conflicts.

- ii. UCB sees hundreds of potential issues/cases a year. They train all of their members at the start of the year, and as reports come in they go thru the hearing process. Some of the students can ask for an administrative result or a hearing. There are many members, but due to scheduling, hearing is about 4 or 5 people.
- iii. Hearing procedures: periods of time when there aren't very many members available (like in the summer). If a student needs to graduate or has an issue in the summer, the student can receive an administrative review right away instead of a hearing. The student can say no, but it may be delayed or with a smaller number of members.
- iv. Will the student know what ways the quorum won't be met?
 - 1. No, they will not but it typically doesn't happen (very low occurrences).
- v. Provides more description on what weapons/devices are allowed on campus. Language did not make it clear that personal safety deterrents were allowed.
- vi. This is not applicable in large areas like the stadium or Schott. Should that language be addressed in this change as well? OR clause added?
 - 1. Yes – they will review this as well for larger areas and ask Kelly.
- vii. Jurisdiction – students can request to resolve conduct charges (or request postponement) with an admin decision when there is a pending criminal action without having to incriminating themselves during a code/criminal case – instead of admitting fault to request a hearing.
- viii. Was office of legal affairs involved and did they have any concerns?
 - 1. Yes – they were involved in the changes that were made.
- ix. Corrected some typos in the disorderly conduct section. Added callout that notes what disruptive conduct is (as listed in the university rules).
- x. What is the relationship between University rules and UCB?
 - 1. UCB does not determine for the university what disruption is but they determine what is disruption for specific cases. They use the univ rules as a resource to assist with determining what is disruption.
- xi. Can the university separately charge students from the UCB?
 - 1. Code process is not a criminal charge. Not sure if the university can but as it relates to UCB, they wanted to provide students with a more clear definition of what disruption is.
- xii. Changed prohibited conduct request by university senate group that had a large increase in plagiarism. Special language was added to allow professor to list in syllabi regarding what is or isn't allowed and/or how to cite.
- xiii. All changes have to be approved by CSA.
- xiv. Gabe gave motion to approve changes, Jack M seconded. Motion passed.

8. Open Floor/Announcements/Questions

- a. Reviewing guidelines next meeting
- 9. Adjournment
 - a. Motion to adjourn by Gabe M / Seconded by Jack M